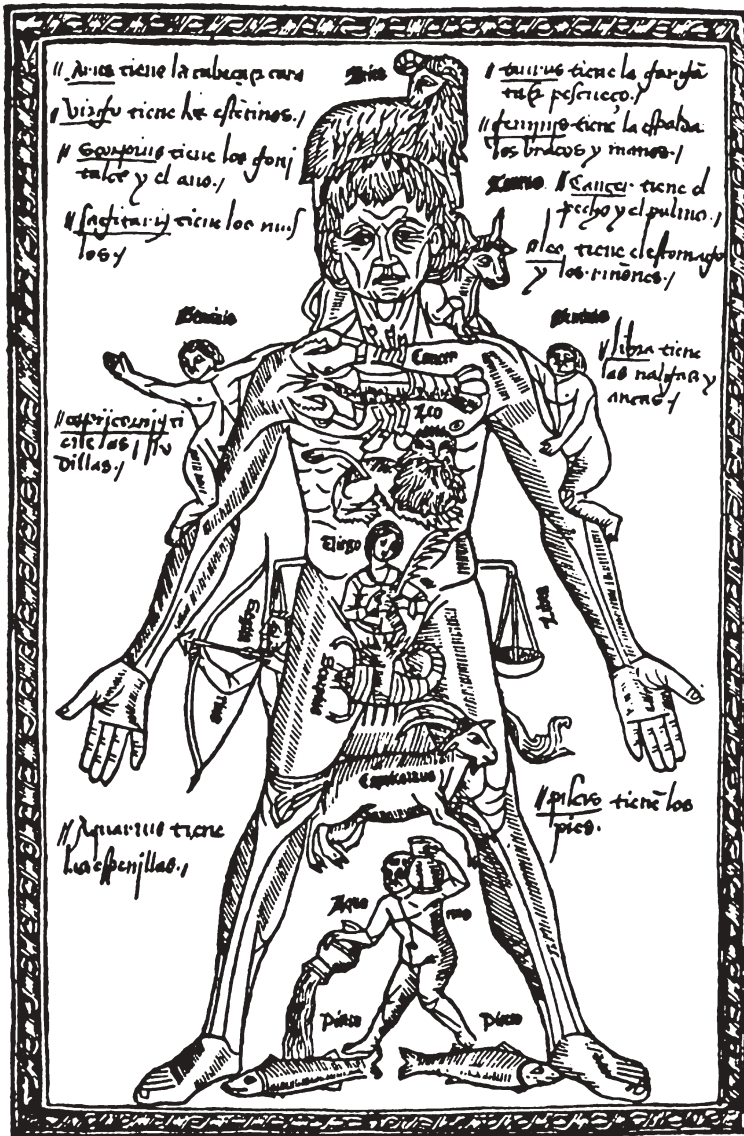


Your health in your horoscope



Zodiac Man. Illustration from Margarita Philosophicae by Gregorius Reisch, 1599.



Zodiac Man, a common motif in the history of astrology, showing what body parts the Zodiac signs govern. Traditionally, this was done from Aries for the head to Pisces for the feet, like in this Medieval illustration.

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Since ancient times, astrology has been used also to track health problems and find ways to solve them. It is usually called medical astrology, or with a traditional term *Iatro-mathematics* (the math of curing). Your horoscope gives several clues to your health and what you might do to improve problems you may have with it.

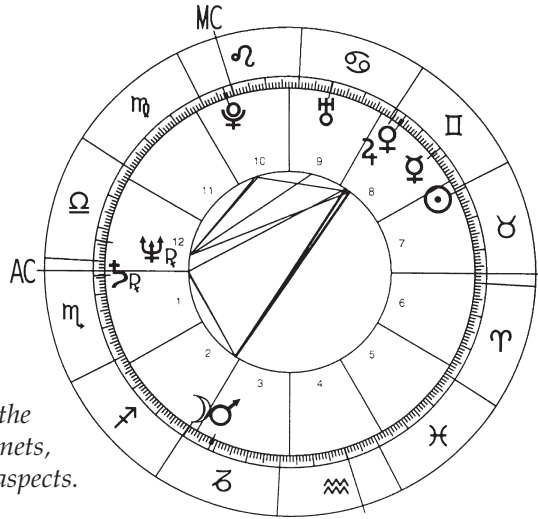
There are four major factors at work in the horoscope, also when it comes to health indicators:

- 1 what
- 2 how
- 3 where
- 4 why

In the horoscope, each one of those four ingredients is represented by one of its four components:

- 1 *Planets* and similar points in the horoscope show *what* happens, what active power is at work.
- 2 *Zodiac* signs show *how* the planets act, the characteristics of the event.
- 3 *Houses* show *where* in one's life, in what environment, the planets act.
- 4 *Aspects*, the special angles between planets, show *why* the planets act as they do.

It's the same regarding your health. An obstructed planet can cause health problems linked to its own nature, and with the characteristics of the Zodiac sign the planet is



The horoscope, with the Zodiac signs, the planets, the Houses, and the aspects.

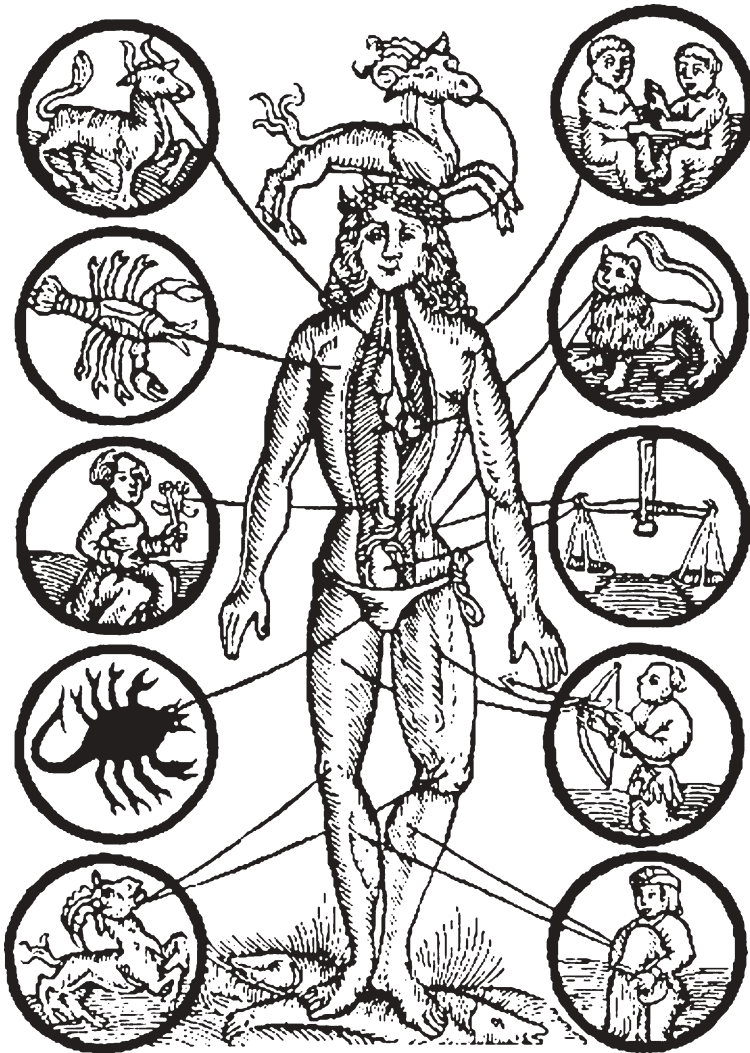
in. Usually it strikes the body part governed by that Zodiac sign. Your health problem will be particularly influential and apparent in the environment of the House the planet is in. The reason for the planet causing trouble is seen in the aspects it forms to other planets – either those of your birth chart, or planets in the sky that form transit aspects to those in your chart.

That’s really all you need to examine. But of course, it takes some time to sort out and understand these variables correctly.

A good way to familiarize yourself with how your horoscope indicates your health problems is to analyze illnesses or other health issues in your past. See if you can explain them by your birth chart, or by transits at play at the time of those ailments.

You will have to choose significant health problems that you may have had, in order to find clear indicators of them in your horoscope. Not just any cold.

Study your past to know your future. That’s as true for astrology as it is for life in general.



Zodiac Man. Medieval woodprint. Here, the Zodiac signs are represented by pictures instead of the traditional symbols. This is also common through astrological history. Aries is at the top of the man's head, and Pisces below his feet. The other signs are to the sides.